

## THE LEAGUE

Loxahatchee Eco Adventure Challenge

Come be a part of the Loxahatchee Eco Adventure Challenge race day by participating in *The Tick 4 Mile Adventure Run!* One of three fun adventure events that day.

You'll spend your time running beautiful trails and paved roads, through environmentally unique scrub pine forests. This one of a kind adventure run will be a challenge as well as fun.

All proceeds from this event will go to benefit Club Scrub, a not-for-profit organization supporting the Jonathan Dickinson State Park. Our efforts include trail building and maintenance for cycling and other outdoor activities.

For more information about our organization visit us at:

[www.ClubScrub.org](http://www.ClubScrub.org)

Club Scrub  
P.O. Box 2263  
Jupiter, FL 33468-2263



**PRESENTED BY**



**SATURDAY  
NOVEMBER 14<sup>TH</sup> 2009  
AT 8:30AM**

**Jonathan Dickinson State Park**  
16450 S.E. Federal Highway  
Hobe Sound, Florida 33455



## REGISTRATION INFO

Advanced registration requested!

**Registration available at pre-race party.**  
Race Day Registration will be hectic so please register early.

**REGISTER EARLY!** –  
*Save and guarantee event T-shirt !!*

### Early Registration (before October 10, 2009)

Event fee: \$20

### Registration (up till November 11, 2009)

Event fee: \$25

Use [Active.com](http://Active.com) to register or Mail to:

**Club Scrub**  
P.O. Box 2263  
Jupiter, FL 33468-2263

**Make checks payable to: Club Scrub**

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## SCHEDULED EVENTS

Race day check-in for the TICK will open at 6:15am; pre-meeting and lineup will start at 8:15am and the race start will be at 8:30am. The awards presentation and refreshments will start at the conclusion of the run.  
*See Website for more information!!*

## AWARDS

T-shirts & Swag bags for all pre-registered participants before October 10th!

Male & Female Overall

Male & Female Masters

14 and under, 15-24, 25-34, 35-44, 45-54, 55-60, 61+.

1st, 2nd, & 3rd in each division!

## FOOD

Post race refreshment will be available. Fruit, bagels, water and sports drink for all competitors. Water will be provided on the course during the race.

## DIRECTIONS

The Park entrance is located on U.S. 1 between Tequesta and Hobe Sound. After entering the park, make a right at the first stop sign. Follow the road all the way back for several miles until the road dead ends into the parking area. Turn left to the Loxahatchee pavilion down by the swimming hole.

## QUESTIONS / INFO

Website:

[www.clubscrub.org](http://www.clubscrub.org)

Event information:

[leach@clubscrub.org](mailto:leach@clubscrub.org)

## REGISTRATION FORM

### Race Entry Form

**Please print clearly.**

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone # \_\_\_\_\_

Emergency Contact \_\_\_\_\_

E-Mail \_\_\_\_\_

Age on race day \_\_\_\_\_

Male \_\_\_\_\_ Female \_\_\_\_\_

Circle T-Shirt Size: S M L XL

*I hereby make known to whomever it may concern that I, my heirs, executors and administrators waive, release and forever discharge all rights and claims which I may have or whichever accrue to me against Club Scrub, Jonathan Dickinson State Park, and or any other person connected with the Club Event, individually or collectively, from all responsibility for any injury or property damage during the event.*

Signature \_\_\_\_\_

Signature of parent or guardian for runners

under 18 \_\_\_\_\_